



Day 16: COURAGE TO BREAK FREE

Scripture Reading:

Ephesians 4:22-24 (ESV)

James 1:12 (ESV)

Philippians 4:8 (ESV)

Observation:

The truck was stuck deep in mud. We did not think there was any way to get it out. We tried to rock the truck back and forth, but the tires continued to spin. We had to change the way we looked at it the problem. We came up with a different and better way to get the truck out of the mud.

The scriptures share about having a change of mind. Coming to Christ means having a different mindset of our former ways. The new mindset takes courage that can only be found in Christ and through the power of the Holy Spirit. Getting our minds to be renewed with His Way and His Will leads us to that new and different way of life. Finding the courage by His Power is the only way. Too often, we find excuses to stay right in the muck and mud of life but finding Christ is the reason to step free of that muck and mud. Step free with Christ.

Application:

- Write down what the mud and muck is that is holding you back from breaking free for Christ.
- How are you renewing your mind in the courage of Christ?
- What are some ways you can break free from your former self and take the necessary steps in a new relationship with Christ?

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